

Trainingschema voorjaar 2020

| Maandag | van | tot | Veld | trainer |
|------------------|------------|------------|-------------|---|
| M6E1 | 17:30 | 18:30 | 1 | Kim, Luna, Myrte |
| M6E2 | 17:30 | 18:30 | 1 | Peter van Schaik |
| M6E3 | 17:30 | 18:30 | 1 | Fleur / Jonna |
| J6E1 | 17:30 | 18:30 | 1 | Anna / Teun |
| M8D | 17:30 | 18:30 | 2 | Lara / Rosan |
| MD1 | 17:30 | 18:30 | 2 | Erik / Peter Slot |
| MC1 | 18:30 | 19:30 | 1 | Martijn |
| MC2 | 18:30 | 19:30 | 1 | Sven |
| JC1 | 18:30 | 19:30 | 2 | Leon |
| MA2 | 18:30 | 19:30 | 2 | Melle |
| MB1 | 19:30 | 20:30 | 1 | Martijn |
| MA1 | 19:30 | 20:30 | 2 | Hans Schoones |
| JA1 | 19:30 | 20:30 | 2 | Arjan P, Arjan W, Peter van Schaik, Siebe |
| D1 | 19:30 | 21:00 | 1 | Jan Berend |
| | | | | |
| Dinsdag | | | | |
| JD1 | 18:30 | 19:30 | 1 | Peter Slot / Xander |
| | | | | |
| Woensdag | | | | |
| Mix F1 | 16:30 | 17:30 | 2 | Ivo |
| M6E1 | 16:30 | 17:30 | 1 | Kim, Luna, Myrte |
| M6E2 | 16:30 | 17:30 | 1 | Peter van Schaik |
| M6E3 | 16:30 | 17:30 | 1 | Fleur / Jonna |
| J6E1 | 16:30 | 17:30 | 1 | Anna / Teun |
| M8D | 17:30 | 18:30 | 2 | Lara / Rosan |
| MD1 | 17:30 | 18:30 | 2 | Erik / Peter Slot |
| MC1 | 17:30 | 18:30 | 1 | Martijn / Ivo |
| MC2 | 17:30 | 18:30 | 1 | Sven |
| JA1 | 19:30 | 20:30 | 2 | Arjan P + W, Peter van Schaik, Siebe |
| MA2 | 18:30 | 19:30 | 1 | Melle |
| MB1 | 18:30 | 19:30 | 1 | Martijn |
| MA1 | 19:30 | 20:30 | 1 | Alix |
| HA | 19:30 | 20:30 | 2 | roulatie |
| D1 | 19:30 | 21:00 | 1 | Jan Berend |
| trim 2 | 20:30 | 21:30 | 1 | roulatie |
| trim 1 | 20:30 | 21:30 | 2 | |
| | | | | |
| Donderdag | | | | |
| Fithockey | 9:30 | 10:30 | 1 | Peter van Schaik |
| JD1 | 18:30 | 19:30 | 1 | Peter Slot / Xander |
| JC1 | 18:30 | 19:30 | 1 | Leon |
| | | | | |
| Vrijdag | | | | |
| JJ keepers | 18:00 | 19:00 | 1 | Shay Schoones |
| keepers | 19:00 | 20:00 | 1 | Hans Schoones |
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